

# Advisory Council Meeting Dates

All Meetings will be taking place at  
Musselburgh East Community Learning Centre (MECCA)



4pm - 6pm



Monday 28th November 2011 ~ Monday 23rd January 2012 ~ Monday 27th February 2012 ~  
Monday 26th March 2012 ~ Monday 23rd April 2012 ~ Monday 28th May 2012 ~

Five members of the Advisory Council attended a three day Inspiring Conference at Seamills in September. This gave us the opportunity to meet, share and hear other peoples stories who use services from across the World. It was a busy event with talks, meetings and workshops. We also were able to use our training from Green Banana to film our interview with John and Connie O'Brien. This was a fantastic experience for us and thanks again to the Trust and all the people involved in the fund raising which made it possible for us to attend.



## Christmas Events

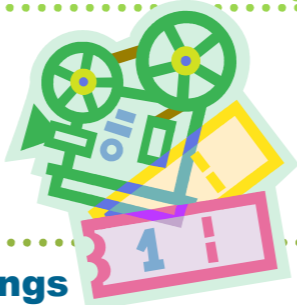
For events in your area go to  
[www.edinburghchristmas.com/whatson](http://www.edinburghchristmas.com/whatson)  
[www.familiesonline.co.uk](http://www.familiesonline.co.uk)  
[www.eastlothianbuzz.co.uk/events](http://www.eastlothianbuzz.co.uk/events)



## Aladdin

At The  
Brunton Theatre,  
Musselburgh.  
For information and to  
book call  
0131 665 2240  
or visit

[www.bruntontheatre.co.uk](http://www.bruntontheatre.co.uk)



## HECTOR & ANDREW'S TOMBOLA STALL

Hector and Andrew are doing a tombola stall  
at Port Seton Community Centre

on Saturday 10th December from 10am until 4pm.  
If you would like to donate any un-wanted gifts can you  
please bring them into the front office by  
Monday 5th December. Thank You.



## Autism Friendly Screenings

Watch selected films in an autism friendly environment; lights up and sound on low with no trailers, freedom to move around the cinema and to bring your own refreshments. For the latest Autism Friendly Screening and monthly news simply request the e-news bulletin from: [www.dimensions-uk.org/autismfriendly](http://www.dimensions-uk.org/autismfriendly)

## Next Newsletter Meeting

Tuesday 14th February at 5pm in Woodbine Cottage, West Loan, Prestonpans.  
e-mail: Maggie Henderson [maggieh@elcap.org](mailto:maggieh@elcap.org) or call 01875 814 114 before  
Friday 3rd February with any Articles, Good News, Pictures etc...



ELCAP is a company limited by guarantee and registered in Scotland.  
Charity No: SCO03 159 Reg No: 116745 Registered as 'ELCAP Housing Support' with the SCSWIS.



Winter 2011

# NEWSLETTER



The Winter Newsletter already and another successful AGM / World Café come and gone. If you were there, many thanks for your contribution (if I can risk an in-joke, a perfect example of presence to contribution). If you were not there, you missed a great day. We kicked off, bright and early, with a brief and to-the-point AGM. The key messages from 2010-11 were: we managed our budget and delivered a small surplus; we made a successful bid to be included in the East Lothian Framework for new work contracts; we slipped a bit in our personalisation timetable, mainly because we were still adjusting to the changes made in 2009-10. We were also able to report that in the first half of the current year we had re-upped our Care Inspectorate grades to 5 (=very good); been re-accredited for Investors in People and been recognised by EFQM as Committed to Excellence. Well done and thanks to everyone.

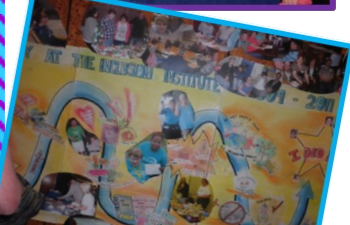
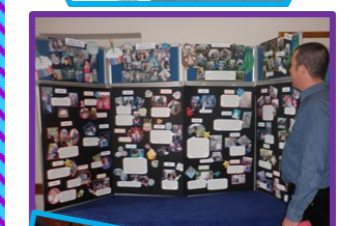
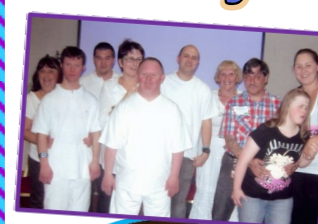
The World Café was just one big buzz. A report is being prepared of the comments people wrote in response to the 6 questions asked. This will be made available in a number of ways so look out for it. The information and suggestions recorded will go the Board and senior management to be taken into preparations for next year's Workplan.

The grand finale was a performance by Moveable Feast, on the Personalisation theme. It was informative, moving, but above all, fun (the Builders' Bum song went down very well and I'm sure I saw a number of people joining in).

Now we are all looking forward to Christmas. Managers are hoping for the best in terms of winter weather, but preparing for the worst. If everyone co-operates as well as last year we should manage to keep all the people we work for supported and safe.

So, thanks for all your hard work in 2011 and let me be the first to wish you a Merry Christmas and a Happy New Year when it comes, and I look forward to working with you all in 2012.

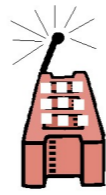
Linda Headland  
Director





# Farewell from Drew!

I joined ELCAP's board in 1996. At that time the few mobile phones which were around were the size of a brick and Scotland had just played in the football European Championships with the World Cup in Brazil to follow shortly in 1998. There's been a lot of changes since then!



ELCAP at that point was 6 years old and while it was still a relatively new organisation I was really impressed and slightly in awe of the vision and focus which the whole ELCAP team had to help people it supported to improve their lives and there were clear plans of how to achieve this.

There have been a lot of highs and a few lows during the 15 years I've been closely involved with ELCAP. Plans have continually changed so that ELCAP is always striving to do things better than before and not rest on progress which has previously been made. That's one of the things which I've most admired about ELCAP.

There have been a lot of things which have stood out as highlights for me. To name just two there is the move from mainly shared living arrangements to mainly, if a person chooses, one to one support and also the involvement of people who ELCAP provide services for in the running of ELCAP through involvement on the board and through the advisory council.

Earlier this year ELCAP had its 21<sup>st</sup> birthday and had a great party at the Scottish Parliament. What was clear was the enthusiasm and good will which exists towards ELCAP from all those associated with it. Everybody has high expectations for ELCAP and I know that everyone associated with it will continue to do all they can to meet these expectations.

*With Best Wishes from Drew Morris*



Hi I'm **James** and this is my picture on my 50th birthday cake, I celebrated my special day by spending time with my brother Robert. Later on I had lunch with Patrick, Annie and staff before being joined by others for a buffet.



Hi I'm **Dorothy** and I had a fantastic day out at the Zoo where I really loved the Penguins and Penguin Parade



Hi, I'm **Patsy** and I went to the Edinburgh Tattoo, I had a great time watching the event, even though it was wet. I have recently been for a fish pedicure which was relaxing.



I'm **Jessie** and I had a fantastic time at my friend and ex neighbour Sheilagh's 40th birthday party. I enjoyed catching up with Sheilagh and her little cherubs Struan and Ben. I also enjoyed seeing my friend Jane and can't believe how tall her gorgeous daughter, Amy Jane is getting. It was a great evening.



I'm **Margaret** and I enjoy going on a wee holiday to Perth where I enjoyed being serenaded in the sunshine by a lovely Piper.



Hi I'm **Colin** and I enjoy going to the Army Recruitment Centre, this is a picture of me with some of the soldiers, and pictures of me at the re-enactment of the Battle of Prestonpans which I enjoyed.



I'm **Robert** and I recently celebrated my 70th birthday with a party at West Barns Inn. Instead of accepting gifts I asked for donations for the RNLI and I raised £256. This is me presenting the cheque.



I'm **Sandra** and this is me at my 200th time at Curves exercise class



Hi I'm **Ruth** and I enjoyed a holiday to Haggerston Castle with my staff Alicia and Sheila, I enjoyed relaxing by the pool, shopping in Berwick and walking to the stables to see the ponies. We had a lovely picnic by the pond which had beautiful swans in it. We all had a great laugh at the amusement arcade and I can't wait to go back.

